



EARLY CHILDHOOD DEVELOPMENT: ECDV4

LESSON 18

UNIT STANDARD: US244262

CARE FOR BABIES, TODDLERS AND YOUNG CHILDREN.

SO2: PLAN AND PREPARE INTERACTION WITH BABIES, TODDLERS AND YOUNG CHILDREN

TOPIC: DEVELOPMENT OF YOUNG CHILDREN IN THE EARLY STAGES [30 MONTHS – 5 YEARS]



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AT THE END OF THE LESSON STUDENTS WILL BE ABLE TO:

- Define a young child
- What is development of a Child
- The holistic development of young children
- Characteristics of young children
- Importance of early child development



DEFINE A YOUNG CHILD

- According to United Nations Convention on the children rights young child is a human being below the age of 18 years
- Young child age ranges from birth to five years of age.
- They are enrolled in school grades of pre- kindergarten through third grade in school
- They learn more in digital storytelling, singing song or rhymes.
- Their care- givers are creative enough to allow them to explore learning through the use of technology.
- They transform their learning through creativity on art activities.

WHAT IS DEVELOPMENT OF A CHILD

- Child development refers to the sequence of physical language, thought and emotional changes that occur in a child to the beginning of adulthood.
- It is also influenced by the environment facts and the child's learning capacity.
- Child's brain undergoes an amazing period of development where different senses develop appropriately.

THE HOLISTIC DEVELOPMENT OF YOUNG CHILDREN

- A holistic approach of child development addresses the physical, health, emotional, relational, intellectual, and spiritual aspects of a child's life.
- Therefore, it is important for a child to learn different things at different stages e.g. walking, talking, fine motor skills etc.
- Holistic health includes the following activities:
 1. Massage
 2. Energy work
 3. Therapy
 4. Meditation
 5. Physical therapy
 6. Nutrition
 7. Personal training
 8. General western medicine



- Physical support the physical health to young child through sleeping enough hours each night this allows the body to truly rest and develop brains appropriately.
- Eat nutrients dense diet that are high in plant – based foods and organic products
- Maintain balance blood sugar by eating meals and snack that contains fat, carbohydrates and proteins.

CHARACTERISTICS OF YOUNG CHILDREN

- Children need to learn early in life so that they grew appropriately.
- Children with good social skills tend to do better in school, have better self-image and resolve conflicts.
- When children learn to be resilience to get through the tough times, they are better able to deal with traumas and difficulties they will surely face.
- Resourcefulness which plays a major role in the business sector this is a skill that children should learn while still young.
- Creativity which demonstrate the thinking skills of a child and problem skills while still young.

IMPORTANCE OF EARLY LEARNING TO CHILD DEVELOPMENT

- The early childhood development on emotional, social and physical development of young children has a direct effect on their overall development and on the adult they will become.
- The understanding to the adults to invest in very young children is so important so as to maximize their future and well-being.
- Development is the term used to describe the changes in young children's physical growth, as well as ability to learn the social, emotional, behavior, thinking and communication skills they need in life.
- According to the researchers they indicate that the development of young children depends on the influence they receive from their families, community members and other children, therefore it is recommended that people around young children be behave appropriately and take care of themselves appropriately for a better citizen in the near future.



Activity



Answer the following questions

1.1 What is child development? (4)

1.2 According to your opinion why Social Department give social grant for children? (5)

1.3 Mention FIVE holistic developments of young children. (5)

1.4 What causes obesity to young children? Mention FIVE causes (5)



1.5 How can parents help ECD centers with early learning to young children? Write down FIVE ways. (5)

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